



COSMIC

Children of St Mary's Intensive Care

Fundraising Ideas



★ COSMIC Fundraising Ideas ★



Talk Like a Pirate Day – 19th September

Join in the Pirate fun and raise money for COSMIC by talking like a Pirate arrgg that's right and dressing up as a pirate. You could even host a pirate themed bake sale or a picture with a pirate stand. Tell customers why you are dressed as a pirate and encourage donations. We could even arrange a Pirate off between you and Sainsbury's Paddington.

Bonfire Night – 5th November Penny for the Guy (Store off!)

Staff create a Guy that are put out the week before Bonfire Night for customers to vote which is their favourite by donating. This could be done between staff, teams or other stores.



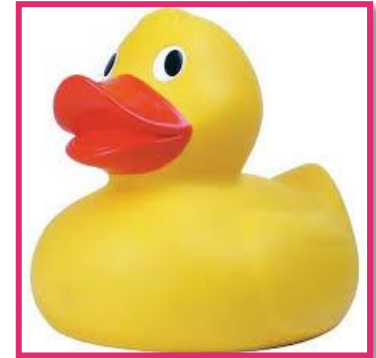
Christmas Cheer - December

Hold a Christmas Themed dress up, Santa's, Snowmen, Elf's, and encourage donations from customers. Have a 'Flash Mob' – carol singing – get members of your team to sing a Christmas carol at random intervals and encourage donations from customers. Hold a COSMIC Christmas card stand, and sell using donation tins, COSMIC's Christmas cards.

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Rubber Ducky Day – 13th January

The world's going quackers on 13 January for Rubber Duck Day. Try hiding some of the little guys around the store, and ask customers to find them. Or organise a waterless hook the rubber duck challenge.



A New Year, A New You!

Felling sluggish after the festive season? – what better way to get in shape, whilst raising money, than a Great British weigh off, or challenge off! Staff compete to lose the most weight or compete to finish three challenges, such as sponsored walk, or row-a-thon or step-a-thon.



Rock 'n' Roll - 8th January

It's Elvis Presley's birthday on 8 January – the perfect opportunity to party with a rock 'n' roll theme at work. Ask everyone to pay a pound to dress up in 50s gear, throw in an Elvis soundtrack or put on some Elvis karaoke and crown someone your company's King of rock 'n' roll.



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Pancake Day – 21st February

Hold a pancake breakfast morning or Dessert day. Ask colleges to bake different pancakes for their colleague to buy for breakfast. If you have the space in store or outside of store hold a pancake off between teams or other stores. Customers/public are encouraged to donate.

International Women's Day - 8th March

Dress up – as a famous iconic women – Madonna, Margaret Thatcher, Mother Theresa. Could some of the Sainsbury's staff help volunteer at the COSMIC stall, and bake cakes for our fundraising event.



Doctor and Nurses – World Health Day 7th April

Celebrate World health Day and raise money for COSMIC by dressing as Doctors and Nurses for the day, and using COSMIC's health sweepstake. Ask customers to take part in health tombola – where they donate a pound and pick out advice from a hat, i.e. eat more vegetables, you look great, take relaxing strolls.

National Donut Week – 12th – 19th May

Hold a donut off – get staff cooking their favourite donuts and the winner is decided by the number of votes. Staff pay to vote.



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Go COSMIC for COSMIC Kids - May or October

Dress up as aliens, stars, astronauts, or space ships. Do a sponsored dry foodathon – where you have to live of just dry food like astronauts for a week. And why not involve customers – create a COSMIC for COSMIC kids – ‘The Truth is Out There’ box, customers make a donation to receive a fortune cookie like note with a fact about the universe and COSMIC



Wrong Trousers Day -24th June

This is your chance to don your craziest trousers all for a great cause to help sick children in Hospitals. Staff make a donation to come to work in their wrong trousers and encourage donations from customers



Summer Time!

Summertime Fun – July

The sun is here, so lets celebrate with a summer festival. Dress up in your favourite hawianna , skirt, grass skirt. You could even arrange a hoopla contest – who can keep it up fro the longest or a Limbo contest. Or could you have COSMIC over to host a summer fete stall to raise money?

Sweepstake Fun! Eurovision , Wimbledon, FA Cup, Grand nation and many more

Take Part in COSMIC's sweepstakes – a great bit of fun with lady luck. You could even go one better with dress up, bake/food sales, or some fundraising events, such as football keepie up competition, table top tennis match, or a strawberry eating contest .



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Other ideas:

- **Back to School**
- **Bad hair/tie Day**
- **Come dine with me** – this could be done at work, or at home. A great way to get to know you colleagues
- **Donkey Derby**
- **Dress down day** - everyone loves to dress down. Participants pay to dress down.
- **Guess the baby competition**
- **Guess how many/Guess the weight**
- **Hat day** – dress up your most outrageous hats.
- **Jellie Wellies Race** – you get it! Jelly in the whellies and off you go.
- **Give up for Good** – Give up chocolate, TV or something you love for a month
- **Pound tower Competition** – who can create the tallest tower before it falls. All pounds donated to COSMIC at the end
- **Sponsored silence** – choose your nosiest colleague and sponsor them to be quite for a day
- **Wishing well** – you would be surprised how many people love to use a wishing well – create one today.
- **Universal Child Day** – 20th November - store collection. We can provide posters
- **World Kindness day** – 13th November – Kindness Tombola. Posters can be provided
- **World Smile Day** 7th October - Host a smile booth.
- **Valentine's Day** – 14th February - Pink dress up and bake sale
- **World Book day** – 1st march – hold a book sale for COSMIC
- **June Breathe Easy Week** 16th - 22nd Take up a sponsored swimming challenge for COSMIC – a great way to keep your lungs healthy and active
- **14th June** – World Blood Donor Day. Get down you local blood centre and donate blood and £5 to COSMIC